



for the FISH Food Bank Free Summer Lunch Program

**FISH Food Bank Summer Lunch Program provides free meals to all children 18 & younger during the summer break.**

Please donate new and gently used children & young-adult books in English and Spanish. A collection bin is available in the Cascade Central CU lobby, open Monday through Friday between 9am and 5pm.

Books will be distributed this summer to support healthy minds AND healthy bodies through the FISH Food Bank Free Summer Lunch Program.

**Meals will be served from 11:30am – 12:30pm and are free to all children ages 18 & younger.**

**TUESDAYS**

June 27  
\*No meal July 4\*  
July 11  
July 18  
July 25

**THURSDAYS**

June 29  
July 6  
July 13  
July 20  
July 27

**Two locations in Hood River:**

- **Indian Creek Apartments - 1615 9th Ct., Hood River**
- **Hood River Mobile Manor - 3300 Cascade Ave, Hood River**

United States Department of Agriculture



**Summer Meals  
for Kids & Teens**

Being Served in Your Community

To find a location near you,  
call **1-866-3-HUNGRY** or go to  
[www.fns.usda.gov/summerfoodrocks](http://www.fns.usda.gov/summerfoodrocks)

OPEN to All Children, 18 and younger  
NO Enrollment, NO Cost!

El Departamento de Agricultura de los Estados Unidos



**Las comidas de verano  
para niños ahora están  
disponibles en su comunidad.**

Para encontrar la localidad más cercana  
llame al **1-877-8-HAMBRE** o visite  
[www.fns.usda.gov/summerfoodrocks](http://www.fns.usda.gov/summerfoodrocks)

Disponible para niños  
de 18 años de edad o menores.  
¡Sin costo ni registraci3n!